



*Whole Grains, Rice and Legumes*

**Quick Cook / Toasted / Crispy  
Products**

WILD RICE	
Item #	Item Description (Cooking Time)
48558	Crispy Wild Rice
48541	Quick Cook Wild Rice (15 min)

RICE	
Item #	Item Description (Cooking Time)
48122	Crispy MG PB Red Rice
48550	Crispy MG PB Brown Rice
48498	Quick Cook MG PB Red Rice (10 min)
48503	Quick Cook LG PB Brown Rice (5 min)
51076	Quick Cook LG PB White Rice (3 min)
48487	Quick Cook MG Brown Rice (10 min)
Special Order	Quick Cook Organic MG Brown Rice (10 min)

OTHER GRAINS	
Item #	Item Description
Special Order	Quick Cook Organic Pearled Barley
Special Order	Popped Amaranth
Special Order	Popped Sorghum
48540	Toasted Buckwheat

QUINOA	
Item #	Item Description
48111	Crispy White Quinoa
Special Order	Crispy Organic Red Quinoa
Special Order	Toasted Organic Black Quinoa
Special Order	Toasted Organic Red Quinoa
Special Order	Toasted Organic White Quinoa
48507 - P	Toasted Black Quinoa
48506 - P	Toasted Red Quinoa
48505 - P	Toasted White Quinoa

**EMAIL:**

**IndustrialSales@InHarvest.com**

**PHONE: 530-669-0150**

**WWW.INHARVEST.COM**