



Black Rice Caprese Salad

Yield: 24 (1 c.) servings

Ingredients

- 2 qts. vegetable stock or water
- 2 lbs. InHarvest Nerone Black Rice
- 1 1/3 c. olive oil
- 2/3 T. balsamic vinegar
- 2½ T. dijon-style mustard
- 1 lb.+ 8 oz. mozzarella cheese, ½-inch dice
- 2 c. sun-dried tomatoes, julienned
- 2 c. basil leaves, roughly chopped
- 2 c. roasted red peppers, diced

Directions

1. Bring the water or stock to a boil. Add InHarvest Nerone Italian Black Rice. Reduce to a simmer and cook, covered for 40 minutes. Cool completely.
2. Whisk together the olive oil, balsamic vinegar and dijon mustard.
3. Combine the cooled rice, dressing and all remaining ingredients.

Nutrition Facts

Per serving: 320 cal., 11 g pro., 28 g carb., 4 g fiber, 18 g fat (5 g sat. fat), 18 mg chol., 292 mg. sod., 2 g. sugar